

*Advanced formula promotes
longevity and overall health*

Resveratrol

This formula combines **resveratrol** with other synergistic plant compounds to promote healthy *gene expression*, the process by which genes transmit signals to the rest of the body. Resveratrol supports gene expression associated with slowing down aspects of the aging process — as well as overall health.

Resveratrol, derived from red grapes, is one of the beneficial compounds found in red wine. When combined with certain grape and berry extracts, resveratrol mimics some of the same **youthful gene expression** changes as seen in calorie-restricted diets. Higher doses of resveratrol may promote **healthy insulin sensitivity, cellular energy production, a healthy response to inflammation, and more.**¹⁻¹⁵

This highly advanced resveratrol formulation includes *trans*-resveratrol, grape-berry actives, quercetin, fisetin, and *trans*-pterostilbene ... which works synergistically with resveratrol to unlock your longevity genes.

Item: FH0260 | 400 mg | 60 vegetarian capsules

References

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2. *J Gerontol A Biol Sci Med Sci.* 2012 Dec;67(12):1307-12.
3. *Mol Nutr Food Res.* 2011 Aug;55(8):1197-206.
4. *Atherosclerosis.* 2007 Apr;191(2):265-71.
5. *Mol Cancer.* 2006 Oct 17;5:45.
6. *Cancer Epidemiol Biomarkers Prev.* 2007 Jun;16(6):1246-52.
7. *Prostate.* 2009 Nov 1;69(15):1668-82.
8. *Surgery.* 2010 Aug;148(2):453-62.
9. *Arch Med Res.* 2010 May;41(4):288-94.
10. *Dose Response.* 2010 Mar 18;8(4):478-500.
11. *Food Chem Toxicol.* 2011 Dec;49(12):3319-27.
12. *J Endocrinol Invest.* 2011 Nov;34(10):788-92.
13. *Neurosci Lett.* 2011 Oct 10;503(3):250-5.
14. *Exerc Sport Sci Rev.* 2011 Jul;39(3):128-32.
15. *Nature.* 2004 Aug 5;430(7000):686-9.



INGREDIENTS

Serving Size 1 vegetarian capsule

Servings Per Container 60

Amount Per Serving

<i>Trans</i> -Resveratrol [from Japanese knotweed (root)] [also supplying glycosides (polydatin)]	250 mg
Red Grape (Full Spectrum French Red Wine Polyphenol Profile), Wild Blueberry blend [supplying polyphenols, anthocyanins, OPCs, free resveratrol, resveratrol conjugates (epsilon-viniferin, <i>trans</i> and <i>cis</i> -polydatin), resveratrol analogs (pterostilbene)]	85 mg
Quercetin (as quercetin dihydrate)	60 mg
<i>Trans</i> -Pterostilbene (from pTeroPure®)	0.5 mg
Fisetin [from (<i>Rhus succedanea</i>) extract (stem)]	10 mg

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate, maltodextrin.

pTeroPure® is a registered trademark of ChromaDex, Inc.

DIRECTIONS

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

CAUTION

- If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.